

What Kind of Class Do YOU Need?

No matter what you do, it pays to have first aid skills-because you can't learn it in an emergency. Spiritwood Ambulance Care (1994) Ltd. offers state-of-the-art training in a wide variety of first aid and safety courses. From the industry-leading Standard and Emergency First Aid programs, to specialized training in Cardiopulmonary Resuscitation (CPR), Automated External Defibrillation (AED), we have courses designed to meet your needs. . Our courses often exceed government regulations.

What ever your individual, or business need is, we can accommodate! Just look inside to see the variety of different classes available!



LEARN CPR

you can do it!



SPIRITWOOD AMBULANCE CARE (1994) LTD.

**650 Highway 3 East
Box 130
Spiritwood SK
S0J 2M0**

**Emergency: 911
Info: 306-883-2500
Fax: 306-883-3799**

Website: www.spiritwoodambulance.ca



**SPIRITWOOD AMBULANCE CARE
(1994) LTD.**



CPR & First Aid Courses

**All NEW CPR
Protocols!**

Our Commitment to Excellence



Information: 306-883-2500

CPR—Cardiopulmonary Resuscitation

Level “A” (cost \$50)

Content: Adult choking & 1-man CPR, pocket mask/barrier device use, AED—Automated External Defibrillation introduction.

Target Audience: General Public, Workplace

Time: 4 hours

Level “B” (cost \$60)

Content: Adult, child and infant choking & 1-man CPR, pocket mask/barrier device use, AED—Automated External Defibrillation introduction.

Target Audience: General Public, Family, Parents, Daycare workers

Time: 5 hours



Level “C” (cost \$70)

Content: Adult, child and infant choking & 1-man CPR, adult and child 2-man CPR, pocket mask/barrier device use, AED—Automated External Defibrillation introduction. (may include AR—artificial respiration)

Target Audience: Police, Fire, 1st Responders, Workplace teams, Lifeguards

Time: 6-7 hours—(initial)

4 hours—(renewal/recertification)

Level “HCP” (Healthcare Provider) (cost \$90)

Content: Adult, child and infant choking, 1-man CPR & 2-man CPR, pocket mask/barrier device use, AED—Automated External Defibrillation, AR—artificial respiration, BVM—Bag Valve Mask.

Target Audience: Healthcare/Allied Providers (i.e. MD’s, RN’s, Paramedics, RT’s, OT’s)

Time: 6-8 hours—(initial)

4 hours—(renewal/recertification)

First Aid with CPR

OH & S—Occupational Health & Safety “A” (cost \$130)

Content: Emergency scene management, shock, unconsciousness, fainting, adult choking & 1-man CPR, medical conditions—(i.e. diabetes, seizures, etc.), AED—Automated External Defibrillation introduction, severe bleeding, secondary assessments, bone, joint, head, spinal, chest, eye, heat and cold injuries, burns, poisons, bites, stings, wound care, rescue carries, AR—artificial respiration for adult, child and infant.

Target Audience: Workplace teams

Time: 18-20 hours (2 1/2 days)

OH & S—Occupational Health & Safety “B” (cost \$140)

Time: 18-22 hours (2 1/2 days)

OH & S—Occupational Health & Safety “C” (cost \$150)

Time: 20-22 hours (3 days)

OH & S—Occupational Health & Safety “HCP” (cost \$170)

Time: 20-22 hours (3 days)

Other Elective First Aid Lessons

- Multiple Casualty Management
- Emergency Childbirth and Miscarriage

Other Course Available

In addition to the first aid and CPR classes offered, we provide many other courses and programs. Some include...

- ITLS—International Trauma Life Support
- First Responder Course
- Farm Response
- Babysitting Course
- Many, many more!



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